

Striving to Thriving

Appendix 4 - Pain Medications and Therapies

Please review all the medications and other non-drug therapies listed below that you have tried to treat your headaches. Include the dosages you took and list any side effects that you experienced while taking the medication.

Acute Medications	Dose	Side Effects
Triptans		
Amerge (naratriptan)		
Axert (almotriptan)		
Frova (frovatriptan)		
Maxalt (rizatriptan)		
Imitrex (sumatriptan)		
Zomig (zolmitriptan)		
Relpax (eletriptan)		
Treximet (sumatriptan/naproxen)		
Ergots		
Bellergal (ergotamine, phenobarbital)		
Cafergot (ergotamine, caffeine)		
DHE 45 (dihydroergotamine)		
Migranal (dihydroergotamine)		
Ergomar (ergotamine)		
Ergostat (ergotamine)		
Wigraine (ergotamine, caffeine)		
Combination Medications		
Acetaminophen, codeine		
Esgic (butalbital, acetaminophen, caffeine)		
Fioricet (butalbital, acetaminophen, caffeine)		
Fiorinal (butalbital, aspirin, caffeine)		
Midrin (isometheptene)		
Migralam (isometheptene)		
Phrenilin (butalbital, acetaminophen)		
Excedrine (acetaminophen, aspirin, caffeine)		
Nonsteroidal Anti-inflammatory Drugs		
Acetaminophen		
Aleve (naproxen)		
Arthrotec (diclofenac)		
Cambia (diclofenac)		
Voltaren (diclofenac)		
Dolobid (diflunisal)		
Ibuprofen		
Fenoprofen		
Flurbiprofen		
Indocin (indomethacin)		
Toradol (ketorolac)		
Ketoprofen		
Meclomen (meclofenamate)		
Naprosyn (naproxen)		
Ponstel (mefenamic acid)		
Sprix (intranasal ketorolac)		
Antihistamines		
Benadryl (diphenhydramine)		
Periactin (cyproheptadine)		
Vistaril (hydroxyzine)		
Muscle Relaxants		
Flexeril (cyclobenzaprine)		
Norflex (orphenadrine)		
Norgesic (orphenadrine, aspirin, Caffeine)		
Parafon forte (chlorzoxazone)		
Soma (carisoprodol)		
Xanaflex (tizanidine)		

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Acute Medications (Continued)	Dose	Side Effects
Opioids		
Actiq (fentanyl)		
Avinza (morphine)		
Codeine		
Darvocet (propoxyphene, acetaminophen)		
Darvon (propoxyphene)		
Demerol (meperidine)		
Duragesic (fentanyl)		
Hydrocet (hydrocodone, acetaminophen)		
Kadian (morphine)		
Lortab (hydrocodone, acetaminophen)		
Lorcet (hydrocodone)		
Mepergan (pethidine promethazine)		
MS Contin (morphine)		
Nubain (nalbuphine)		
Percocet (oxycodone, acetaminophen)		
Percodan (oxycodone, aspirin)		
Roxicet (oxycodone, acetaminophen)		
Stadol (butorphanol)		
Tylox (oxycodone, acetaminophen)		
Vicodin (hydrocodone, acetaminophen)		
Vicoprofen (hydrocodone, ibuprofen)		
Neuroleptics		
Compazine (prochlorperazine)		
Inapsine (droperidol)		
Haldol (haloperidol)		
Reglan (metoclopramide)		
Thorazine (chlorpromazine)		
Phenergan (promethazine)		
Zyprexa (olanzapine)		
Steroids		
Decadron (dexamethasone)		
Hydrocortisone		
Solu-Medrol (methylprednisolone)		
Prednisone		

Preventive (Prophylactic) Medications		
Anticonvulsants	Dose	Side Effects
Carabtrol (carbamazepine)		
Depakote (divalproex)		
Gabitril (tiagabine)		
Keppra (levetiracetam)		
Lamictal (lamotrigine)		
Lyrica (gabapentin)		
Neurontin (gabapentin)		
Tegretol (carbamazepine)		
Topmax (topiramate)		
Trileptal (oxcarbazepine)		
Zonegran (zonisamide)		
Tricyclic Antidepressants (TCAs)		
Adapin (doxepin)		
Aventyl (nortriptyline)		
Desyrel (trazodone)		
Elavil (amitriptyline)		
Endep (amitriptyline)		
Etrafon (amitriptyline, perphenazine)		
Norpramin (desipramine)		
Pamelor (nortriptyline)		
Savella (milnacipran)		

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Tricyclic Antidepressants (TCAs) (Continued)		
Sinequan (doxepin)		
Tofranil (imipramine)		
Triavil (amitriptyline, perphenazine)		
Vivactil (protriptyline)		
Serotonin Reuptake Inhibitors (SSRIs)		
Celexa (citalopram)		
Lexapro (escitalopram)		
Paxil (paroxetine)		
Prozac (fluoxetine)		
Zoloft (sertraline)		
Serotonin/Norepinephrine Reuptake Inhibitors (SNRIs)		
Effexor (venlafaxine)		
Cymbalta (duloxetine)		
Beta Blockers		
Blocadren (timolol)		
Corgard (nadolol)		
Inderal (propranolol)		
Lopressor (metoprolol)		
Nebivolol		
Pindolol		
Tenomin (atenolol)		
Calcium Channel Blockers		
Calan (verapamil)		
Cardene (nicardipine)		
Cardizem (diltiazem)		
Nimotop (nimodipine)		
Norvasc (amlodipine)		
ACE Inhibitors or Angiotensin Receptors Blockers (ARBs)		
Lisinopril		
Capoten (captopril)		
Atacand (candesartan)		
Serotonin Antagonists		
Methergine (methylergonovine)		
Sansert (methysergide)		
Periactin (cyproheptadine)		
Diamox (acetazolamide)		
Catapres (clonidine)		
CoQ10		
Dimenhydrinate		
Lioresal (baclofen)		
Lithium		
Lidocaine (intranasal, topical, patch)		
Magnesium		
Magravent		
Namenda (memantine)		
Oxygen		
Petasites (butterbur)		
Riboflavin (vitamin B2)		
Singular (montelukast)		
Non-Drug Therapies		
Acupuncture		
Acupressure		
Biofeedback		
Botox		
Cefaly		
Chelation		
Chiropractic		
Cognitive Behavioral Therapy		
Homeopathy		
Hypnosis		
Meditation		
Massage		
Migraine Diet		

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Non-Drug Therapies (continued)		
Naturopathic Medicine		
Nerve blocks (occipital or other)		
Occipital Nerve stimulator		
Physical Therapy		
Relaxation Therapy		
Transcranial magnetic stimulation		
Yoga		
Other		