Striving to Thriving

Appendix 3 - Systems Review

Allergic, Immunologic		
☐ None	**Y**	**N**
HIV exposure	☐	☐
Persistent infections	☐	☐
Allergic reactions/urticaria	☐	☐

Cardiovascular		
☐ None	**Y**	**N**
chest pain	☐	☐
dyspnea with exercise	☐	☐
irregular heartbeat	☐	☐
orthopnea	☐	☐
Palpitations	☐	☐
Peripheral edema	☐	☐
Syncope	☐	☐

Constitutional		
☐ None	**Y**	**N**
Fatigue	☐	☐
Fever	☐	☐
Loss of appetite	☐	☐
Malaise	☐	☐
Sweats	☐	☐
Weight gain	☐	☐
Weight Loss	☐	☐

ENMT		
☐ None	Y	N
Difficulty swallowing	☐	☐
Dizziness	☐	☐
Ear pain	☐	☐
Nasal obstruction	☐	☐
Nosebleeds	☐	☐
Sore throat	☐	☐
Hearing loss	☐	☐

Endocrine		
☐ None	**Y**	**N**
Excessive thirst	☐	☐
Hair loss	☐	☐
Heat intolerance	☐	☐

Eyes		
☐ None	Y	N
Double vision	☐	☐
Loss of vision	☐	☐
photophobia	☐	☐

Gastrointestinal		
☐ None	Y	N
Abdominal pain	☐	☐
Abdominal swelling	☐	☐
Change in bowel habits	☐	☐
Constipation	☐	☐
Diarrhea	☐	☐
Gas	☐	☐
Heartburn	☐	☐
Jaundice	☐	☐
Nausea	☐	☐
Rectal bleeding	☐	☐
Stomach cramps	☐	☐
Vomiting	☐	☐
Difficulty swallowing	☐	☐

Genitourinary		
☐ None	Y	N
Dark urine	☐	☐
Decrease in urine flow	☐	☐
Dysuria	☐	☐
Frequent urinary infections	☐	☐
Hematuria	☐	☐
Impotence	☐	☐
Nocturia	☐	☐
Discharge/incontinence	☐	☐

Hematologic/Lymphatic		
☐ None	Y	N
Bleeding gums	☐	☐
Palpable lymph	☐	☐
Easy bruising	☐	☐
Prolonged bleeding	☐	☐

Integumentary		
☐ None	Y	N
Allergies	☐	☐
Dryness	☐	☐
Hives	☐	☐
Itching	☐	☐
Jaundice	☐	☐
Lesions	☐	☐
Rashes	☐	☐

Neurological		
☐ None	**Y**	**N**
Dizziness	☐	☐
Fainting	☐	☐
Frequent headaches	☐	☐
Migraines	☐	☐
Numbness or tingling	☐	☐
Seizures/epilepsy	☐	☐
Tremors	☐	☐
TIA's	☐	☐
Vertigo	☐	☐
Memory loss	☐	☐
CRPS	☐	☐
Neuropathy	☐	☐
Neuralgia	☐	☐
TBI	☐	☐
Tremors/Parkinson's	☐	☐

Psychiatric		
☐ None	**Y**	**N**
Anxiety	☐	☐
Depression	☐	☐
Difficulty sleeping	☐	☐
Hallucinations	☐	☐
Nervousness	☐	☐
Panic attacks	☐	☐
Paranoia	☐	☐
Sex drive changes	☐	☐
Alcohol abuse	☐	☐
Drug abuse	☐	☐
Suicidal thinking	☐	☐
Excessive anger	☐	☐
Mood swings	☐	☐
Difficulty concentrating	☐	☐
Withdrawal	☐	☐

Respiratory		
☐ None	**Y**	**N**
Asthma	☐	☐
Cough	☐	☐
Dyspnea	☐	☐
Excessive sputum	☐	☐
Coughing up blood	☐	☐
Shortness of breath	☐	☐
Wheezing	☐	☐
Frequent colds	☐	☐

Comments. _____

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