

Striving to Thriving

Appendix 2 - Healthcare Providers Contact Information

The multidisciplinary cross-functional approach is necessary to address all your biopsychosocial needs. You, the patient/customer are responsible for managing the communication between all your providers. If your providers all function within one integrated practice your job is much easier. However, if your providers each have their own practice, your job in managing that communication is more challenging. Use this table to identify all your providers.

When it comes to managing communication, you play the most critical role.

Pain Management Specialist	Primary Care Physician
Physical Therapist	Pharmacist
Nurse	Physician's Assistant
Neurologist/Neurosurgeon	Anesthesiologist
Psychiatrist	Psychologist/Mental Health Therapist
Nurse	Massage Therapist
Chiropractor	Nutritionist
Case Manager	Support Group Leaders
Specialist (Orthopedist, Occupational Therapist)	Specialist (Rheumatologist, Acupuncturist)
Other	Other